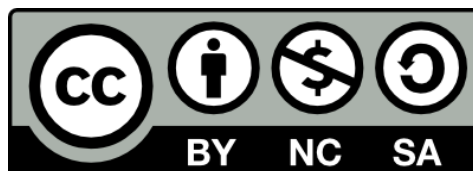




# Erasmus+ Project

## “European Standards for Peer Support Workers in Mental Health”

### European standards for the work of peer supporter in-depth analysis



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Product I01 - Europe-wide uniform quality standards for the work of the peer worker on the basis of practical experience from the participating countries and taking into account the access requirements in the countries.

**25 respondents**, psychiatrists, psychologists, social workers, volunteers / candidates for peer workers, social activists ...

1. Recovery is a unique, personal process in which the client gives meaning and direction to his own life. The recovery process leads to a renewed sense of self and identity. *Qualifications* that should be specifically addressed in the curriculum for the peer workers, are:

- a) The use of non-medical recovery supporting language
- b) A careful and open view in giving meaning
- c) Being able to listen without judgement
- d) Giving input based on equal value with respect for differences
- e) History and basic knowledge of classification and diagnostics in relation to psychiatric disorders

a	b	c	d	e
24%	40%	12%	64%	24%

2. Organization of the activities of the peer workers in the respective country

- a) exists as a specified legal term (in which laws / law / legal regulations?)
- b) Is the term peer worker used by the authorities and other public institutions in a defined way (which?)
- c) Is the term "peer worker" defined by the professional associations and non-government organizations (which?)?
- d) other options, please define
- e) General remarks

	a	b	c	d	e
Yes	28%	28%	56%	0%	
No	44%	36%	32%	0%	
I don't know	20%	40%	40%	16%	

Others answers/indication:



*Fundacja Rozwoju Społecznego Leonardo, Stowarzyszenie Asystentów Zdrowienia, Fundacja prof. Cechnickiego, Polskie Towarzystwo Psychologiczne, Polska Rada Psychoterapii, Fundacja eFkropka, Fundacja Różyczka, Stowarzyszenie Feniks,*

3. Related occupations / activities / functions that are not referred to as "peer workers" but operate in the same area / address similar topics in the respective country

a) do they exist as a specified legal term (in which laws / sub-ordinate regulations / ordinances?)

b) are these occupations / activities used by the authorities in a defined way (which ones?)

c) Are these occupations / activities used by professional associations and non-government organizations (which?) in a defined way?

d) other options, please define

e) general remarks

	a	b	c	d	E
Yes	24%	28%	48%		
No	56%	56%	24%		
I don't know	20%	12%	32%		

Others answers/indication in d). and e).:

*Volunteer, nurse, "naturszczyk", "typ klienta: doświadczony"*

4. If a "peer worker" or related profession / function / activity exists, the person / s will usually be paid by:

a) the patient / assisted person himself

b) the health insurance

c) government or public bodies (which ones?)

d) Non-government organizations

e) other options, please specify

f) general remarks

a	b	c	d	e	f
0%	12%	56%	44%	12%	0%

Others answers/indication.:



*NFZ pilotaż, MFiRR w ramach EFS 4.1; wolontariat, volunteering, usługi bez wynagrodzenia, Pilotaż CZP, szpitale, oddziały psychiatryczne w ramach projektów EFS; hospitals and psychiatric departments with EU funds*

5. Status Quo: A peer worker or related professional in our country must meet the following formal standards in our country (if a combination of elements is required, please include them all, please indicate them as much as possible).

- a) Secondary education (class 9/10)
- b) Higher education (class 12/13)
- c) Non-academic vocational qualification without educational profile
- d) Non-academic professional qualification with educational profile
- e) Non-academic professional qualification with health profile
- f) Academic professional qualification without profile
- g) Academic professional qualification with educational profile
- h) Academic professional qualification with health profile
- i) Individual membership in a professional organization, company or chamber
- j) Obligatory further education in methodical / didactic questions
- k) Compulsory education in the health sector
- l) Compulsory education in general occupational and employment areas
- m) Obligatory technical supervision
- n) Mandatory ethical advice
- o) other options, please specify
- p) general remarks

a	b	c	d	e	f	G	h	i	j	K	L	m	n	o	p
12%	16%	4%	8%	20%	8%	0%	0%	12%	12%	8%	0%	16%	12%	68%	0%

Others answers/indication in o) :

*"I don't know", currently there is no study, no legal regulations, Recommended supervision and membership in professional organizations; "hard to say"*



6. Vision for our project: A European peer worker or professional relative should meet the following formal standards (if a combination of elements is required, please include them all, indicating them as much as possible).

- a) Secondary education (class 9/10)
- b) Higher education (class 12/13)
- c) Non-academic vocational qualification without educational profile
- d) Non-academic professional qualification with educational profile
- e) Non-academic professional qualification with health profile
- f) Academic professional qualification without profile
- g) Academic professional qualification with educational profile
- h) Academic professional qualification with health profile
- i) Individual membership in a professional organization, company or chamber
- j) Obligatory further education in methodical / didactic questions
- k) Compulsory education in the health sector
- l) Compulsory education in general occupational and employment areas
- m) Obligatory technical supervision
- n) Mandatory ethical advice
- o) other options, please specify
- p) general remarks

a	b	c	d	E	f	G	h	i	j	k	l	m	n	o	p
36%	60%	12%	16%	4%	0%	0%	0%	36%	44%	16%	36%	4%	16%	20%	0%

Others answers/indication in o). and p).:

*Recommended membership in professional organizations for a guarantee of quality,  
Recommended supervision  
obowiązkowe członkostwo w organizacji zawodowej, gwarantującej wysoką jakość, zalecana  
superwizja*

7. Vision for our project: A "peer-worker" with European standards:

- a) should have a generalist education to be a peer-worker with non-compulsory specialization
- b) should receive "professional" training as a peer worker
- (c) should have specialized training as a peer worker in general and a compulsory initial qualification for specific groups with specific mental health problems



d) other options, please define

e) general remarks

a	b	c	d	e
68%	80%	44%	12%	0%

Others answers/indication in d). and e).:

*labor law, social law; mentoring and monitoring; Who is responsible for his work?  
What professional organization is he subject to?*

8. The proposed curriculum for peer workers:

a) should be developed taking into account the ideas and views of the patients being cared for

b) In our country, there may be resistance from stakeholders questioning construct validity or the presence of needs

c) should receive informal support from stakeholders / patients

d) should be formally supported by stakeholders through public hearings and invited speakers at congresses

e) other options, please specify

f) General remarks

a	b	c	d	e	f
32%	76%	12%	16%	4%	0%

9. Other comments are welcome, please add them here.

*It is necessary to develop labor standards of this job and employment rules. There must be supervision at work. Ethical consultations are obligatory. Supervision is very important. Internship, observation, course min. 240 h plus 480 h apprenticeship. There must be a person responsible for his work. Who will be his boss in the medical team? Will there be timely assessments of his work? Psychological support must be from outside the hospital in which they work. Will there be specializations within their experience? Specialist in addiction, depression, suicide attempts?*